

MARINE CORPS RECRUIT DEPOT SAN DIEGO

RECRUIT TRAINING

FOX CO.

CRUCIBLE SEPT 29 - OCT 1

| WEEK                           | MON                                              |  | TUES                                         |  | WED                                             |  | THUR                                      |  | FRI                               |  | SAT                                               |  | SUN                                    |  |         |         |         |         |
|--------------------------------|--------------------------------------------------|--|----------------------------------------------|--|-------------------------------------------------|--|-------------------------------------------|--|-----------------------------------|--|---------------------------------------------------|--|----------------------------------------|--|---------|---------|---------|---------|
| JULY 13 - 19<br>RECEIVING WEEK | <div>RECEIVING WEEK</div>                        |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  | PHASE 1 |         |         |         |
| JULY 20 - 26<br>WEEK 1         | M16 ISSUE / INTRO TO CIRCUIT COURSE F4           |  | MCMAP / HAIRCUTS T1                          |  | 4X2 MIN INTERVALS T2                            |  | TCCC I / 12 MIN RUN T3                    |  | O-COURSE / IMMUNIZATIONS T4       |  | TCCC II T5                                        |  | RELIGIOUS SERVICES / S.U.L.D. TIME S1  |  |         |         |         |         |
| JULY 27 - AUG 2<br>WEEK 2      | MCMAP / HAIRCUTS T6                              |  | 4X2 MIN INTERVALS / FMCC I / TCCC II T7      |  | BAYONET ASSAULT COURSE T8                       |  | 2K HIKE / O-COURSE II / TCCC V T9         |  | MCMAP T10                         |  | RUN X 15 MIN / CIRCUIT COURSE / PAC T11           |  | RELIGIOUS SERVICES / S.U.L.D. TIME S2  |  |         |         |         |         |
| AUG 3 - 9<br>WEEK 3            | CONFIDENCE COURSE I / MCMAP T12                  |  | DEBIT CARDS / COMBAT CONDITIONING COURSE T13 |  | ID CARDS / ADMIN AUDIT T14                      |  | 3K HIKE / SDI INSPECTION T15              |  | INITIAL DRILL T16                 |  | 2.5 MILE S&E ABILITY GROUP RUN T17                |  | RELIGIOUS SERVICES / S.U.L.D. TIME S3  |  |         |         |         |         |
| AUG 10 - 16<br>WEEK 4          | COMBAT WATER SURVIVAL (CWS) 2X800M / FMCC II T18 |  | CWS / MCX T19                                |  | CWS / INDIVIDUAL PHOTOS T20                     |  | CWS QUAL / CONFIDENCE COURSE II T21       |  | CWS FINAL ATTEMPT T22             |  | 3K HIKE / CFT STATIONS T23                        |  | RELIGIOUS SERVICES / S.U.L.D. TIME S4  |  |         |         |         |         |
| AUG 17 - 23<br>WEEK 5          | <div>SWIM WEEK</div>                             |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  | PHASE 2 |         |         |         |
| AUG 24 - 30<br>WEEK 6          | MCMAP T24                                        |  | 3 MILE INDIVIDUAL EFFORT RUN T25             |  | 1ST UNIFORM FITTING T26                         |  | CFT / MCX / HAIRCUTS T27                  |  | CLOSE ORDER DRILL T28             |  | 3K HIKE / ACADEMIC REVIEW T29                     |  | RELIGIOUS SERVICES / S.U.L.D. TIME S5  |  |         |         |         |         |
| AUG 31 SEP 6<br>WEEK 7         | <div>TEAM WEEK / INTERIOR GUARD</div>            |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         | PHASE 3 |         |         |
| SEP 7 - 13<br>WEEK 8           | PFT I / IMMUNIZATIONS II T30                     |  | PUGIL STICKS T31                             |  | WRITTEN EXAM I / PERFORMANCE EXAM T32           |  | ADMIN / ORDERS MCMAP TEST T33             |  | SERIES COMMANDER INSPECTION T34   |  | FINAL DRILL / MOVEMENT TO WFTBN T35               |  | RELIGIOUS SERVICES / S.U.L.D. TIME S6  |  |         |         |         |         |
| SEP 14 - 20<br>WEEK 9          | RCO ISSUE T36                                    |  | FUNDAMENTALS T37                             |  | CFT II T38                                      |  | FUNDAMENTALS T39                          |  | RANGE OPERATIONS T40              |  | 3K HIKE T41                                       |  | RELIGIOUS SERVICES / S.U.L.D. TIME S7  |  |         |         |         |         |
| SEP 21 - 27<br>WEEK 10         | <div>GRASS WEEK</div>                            |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  | PHASE 4 |         |         |         |
| SEP 28 - OCT 4<br>WEEK 11      | LIVE-FIRE T42                                    |  | LIVE-FIRE T43                                |  | LIVE-FIRE T44                                   |  | PRE-QUAL T45                              |  | QUALIFICATION DAY T46             |  | PFT II T47                                        |  | RELIGIOUS SERVICES / S.U.L.D. TIME S8  |  |         |         |         |         |
| OCT 5 - 9<br>GRADUATION        | <div>TABLE 1</div>                               |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         | PHASE 4 |         |         |
|                                | CLASSES T48                                      |  | LIVE FIRE / FIELD CLASSES T49                |  | PRE-QUAL / QUAL / 11K NIGHT HIKE T50            |  | FIELD CLASSES T51                         |  | DAY & NIGHT LAND NAVIGATION T52   |  | LAND NAVIGATION REMEDIATION / WRITTEN EXAM II T53 |  | RELIGIOUS SERVICES / S.U.L.D. TIME S9  |  |         |         |         |         |
|                                | <div>TABLE 2</div>                               |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         |         | PHASE 4 |         |
|                                | CONFIDENCE CHAMBER T54                           |  | 6K NIGHT RE-SUPPLY HIKE T55                  |  | COPELAND'S ASSAULT COURSE T56                   |  | CRUCIBLE 15K HIKE / WARRIOR BREAKFAST T57 |  | GEAR TURN IN / HAIRCUTS / MCX T58 |  | MOVEMENT TO MCRD T59                              |  | RELIGIOUS SERVICES / S.U.L.D. TIME S10 |  |         |         |         |         |
|                                | <div>CRUCIBLE</div>                              |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  | PHASE 4 |         |         |         |
|                                | 2ND UNIFORM FITTING M1                           |  | 15 MIN RUN / MUSEUM VISIT M2                 |  | BLOOD DRIVE M3                                  |  | 20 MIN RUN / GRAD REHEARSAL M4            |  | RAPPEL TOWER / UNIFORM ISSUE M5   |  | COMPANY CMDR INSPECTION / FIELD MEET M6           |  | RELIGIOUS SERVICES / BASE LIBERTY S11  |  |         |         |         |         |
|                                | GRAD PRACTICE / SOI & MCT BRIEF M7               |  | GRAD PRACTICE GEAR DE-ISSUE M8               |  | BATTALION CMDR INSPECTION / WEAPONS DE-ISSUE M9 |  | MOTO RUN / FAMILY DAY M10                 |  | GRADUATION M11                    |  | FOX'S COLOR IS YELLOW                             |  |                                        |  |         |         |         |         |
|                                |                                                  |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         | PHASE 4 |         |         |
|                                |                                                  |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         |         | PHASE 4 |         |
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|                                |                                                  |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         |         |         | PHASE 4 |
|                                |                                                  |  |                                              |  |                                                 |  |                                           |  |                                   |  |                                                   |  |                                        |  |         |         |         |         |

CONGRATULATIONS

Additional text by Semper Familia

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